

## Team Manager & Coach Liaison

My 2nd year in the role confirmed my view that EW staff are very dedicated and competitive while still extremely nice people who enjoy social interaction. It wasn't hard to encourage paddlers to attend trainings where Keith (ably assisted by Andy) worked on technique, timing and fitness. Training attendance averaged over 75% with Cirina matching my 95%.

Keith's trainings were tough and the team soon learnt to carry out other forms of training (waka ama, running, walking, cycling, gym etc) to enable them to survive the weekly hour long trainings. Anyone who thought that Andy would give us an easy training when Keith was absent was in for an unpleasant surprise! Corporate teams are only allowed 14 hours of training before the Nationals so maximum use must be made of the time available. The regatta results of 10 wins from 15 races proved that the effort was worth it.

Special thanks go to:

Keith, for the professional approach shown both at trainings and at the Nationals.

Andy, for taking on the assistant coaches role this season and for stepping up and taking us at the regatta's when Keith's stadium job prevented him from doing so.

Blair, for taking on the team captains role late in the season and doing a great job. Talk about "dropping someone in the deep end".

Roscoe, for ensuring we were safe on the water. It's amazing how we all trust you!

Nicola, for being there when the business needs to be done. It was a pity we couldn't have you in the boat on a regular basis because we had too many paddlers at trainings but it all worked in the end.

Derek, for taking the warm ups and warm downs at trainings and regatta's. I'm sure you're the reason there were few injuries during the season.

In summary, we had a great season (4th best Corporate team in NZ) with a high degree of professionalism from the coaching staff and a highly motivated and competitive team.

~ Allan Halse

## Coaches

Unfortunately coach reports were not available this year but thanks to our coaches Andy and Keith for your contribution to the season. I hope you were proud of our efforts and results.

~ Erin

