

Sharkee, Sharkee, Sharkee



The whole purpose of this warm-up is for everyone to look as spastic as possible, so get baby sharking!

Baby Shark (Do do, do do do do)
 Baby Shark (Do do, Do do do do)
 Baby Shark (Do do, Do do do do)
 Baby Shark!

(Action: two fingers open and close to the beat, like a baby shark's mouth!)

Mummy Shark (Do do, Do do do do)
(Action: hands open and close to the beat)

Daddy Shark (Do do, Do do do do)
(Action: arms open and close to the beat)

Grandma Shark (Do do, Do do do do)
(Action: fists open and close to the beat)

Grandpa Shark (Do do, Do do do do)
(Action: arms open and close to the beat with clenched fists)

Lady swimming (Do do, Do do do do)
(Action: Freestyle in time to the beat)

Sees a shark (Do do, Do do do do)
(Action: hands together above head like a shark fin)

Swimming faster (Do do, Do do do do)
(Action: Freestyle as before except in double time!)

Shark attack! (Do do, Do do do do)
(Action: arms open and close in time to the beat, attempt to eat the nearest person)

Lose your arm (Do do, Do do do do)
(Action: Jump around with one arm tucked away)

Lose your leg (Do do, Do do do do)
(Action: Hop around with one arm and one leg tucked away)

Lose your head (Do do, Do do do do)
(Action: Hop around with one arm, one leg, and your head tucked away, possibly the most spastic step in the warm-up)

Shark is full (Do do, Do do do do)
(Action: Rub tummy as look as contented as only a baby shark can)

Go to Heaven (Do do, Do do do do)
(Action: your hands are wings by your side as you fly up to heaven)

And come back as a...
 Baby Shark (Do do, do do do do)
(Action: two fingers open and close to the beat, like a baby shark's mouth!)



Shark Attacks are:

...wonderful fun but definitely best in moderation (SS)

... best taken with paracetamol and 2 glasses of water (DH)

... so cute (SM)

... totally irrelevant and very rare in the vicinity of Blue Lake (RG)

... almost as playful as kittens (TPB)

...entertaining and rarely fatal when you are the victim of the Baby Emma Wright Shark attack (GS)



...I saw it for the very first time in the shadowy dim light of the carpark - what a great warm-up routine for next season (JD)

...a major attraction at informal car boot parties. (AH)

...a vital and integral part of EW after-party etiquette. If you missed the dancing in the carpark talk to someone who was there or learn the dance yourself (I am available for coaching) - coz I ain't doing it again! (until next Nationals maybe...) (EW)

...funny dances Emma does while drunk or hiding from Army boys! (MH)

